



THE  
GOWER  
FOUNDATION



# FAMILY FUN FITNESS NIGHT

Join Gower West mom and owner of F45 Fitness, Yana, and her two boys for a family-friendly workout. This virtual workout will keep you all moving and having fun!

**JANUARY 27TH**

**6:00-6:30 P.M.**

**REGISTER @**

**[WWW.GOWER62FOUNDATION.COM/FAMILYENRICHMENT](http://WWW.GOWER62FOUNDATION.COM/FAMILYENRICHMENT)**